

Sunday, August 28	Class 1 Welcome; Opening, Orientation and Overview of Program Somatic Practices: Learning Together; Finding Ground Classroom Logistics Beginnings; Bird in a Golden Cage; Dojo; Behind the Scenes Introductions: Reciprocity; Speaker and Listener Learning Agreements
Sunday, September 11	Class 2 Creating and Maintaining the Container for a Respectful Learning Community Positive Regard Interrelationship of Embodied Education; Teacher, Student, Environment Somatic Practice: Roots Seeking Ground Role of Attention; Developmental Path to Mastery A Model for Whole-Person Education
Saturday, September 24	Class 3 Review of Names; Presence and Speaking what is meaningful Embodied Presence: the Self; Ground, Center, Aspiration and Breath Vision, Mission, Commitment, Declaration and Action Steps Developing a Vision and Mission Statement
Sunday, September 25	Class 4 Learning Circle: Q & A Three Somatic Dimensions – 360° Body: length, width, depth Introduction to Presentation Skills - Part 1 Presentations and Feedback: Vision and Mission Attention Training as Foundation for Observation Skills; Exercise 1
Sunday, October 9	Class 5 Learning Circle: Q & A; Review Somatic Dimensions and Embodied Presence Introduction to Creating a Course Syllabus The Change Process: Conditioned Tendencies, New Patterns Introduction to Archetypes: Themes and Corresponding Presentations

Note: Depending on the pacing and cycle of each class, the content may be presented in a different order to ensure the greatest appropriateness and meaning. However, all content will be covered.