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| Sunday, January 8    | <b>Class 1</b><br>The 7-Step Kata<br>Exploration of Courses to Teach - Syllabus and Curriculum<br>The Healer Archetype: Love; Caring and Connection<br>Observation Training Exercise 2: Facts and Assessments (outdoors)  |
| Sunday, January 22   | <b>Class 2</b><br>Learning Circle: The Unclaimed Healer<br>The Four Acknowledgements: Skills, Character, Appearance, Impact<br>Somatic Practice: Rowing; pacing and sustainable effort<br>Writing a Lesson Plan Part 1  |
| Saturday, February 4 | <b>Class 3</b><br>Tending to the Heart<br>Cycles of Learning: the Heroic Journey and Middle Ground<br>Principle of Reciprocity: Giving and Receiving<br>Presentations and Feedback: Faith, Doubt and Determination  |
| Sunday, February 5   | <b>Class 4</b><br>Learning Circle; Presentations, Tending to the Heart, Middle Ground<br>Lesson Plan Writing Part 2; Lesson Presentation<br>Somatic Practices Review  |
| Sunday, February 19  | <b>Class 5</b><br>Learning Circle; Kintsukuroi; Caring and connection in the classroom<br>Cycles of Learning: the Rhythm of Excitement<br>Healer Archetype: The Arms of Love – Acknowledgement and Appreciation<br>Introduction to Themes for the Visionary Archetype |

**Note:** Depending on the pacing and cycle of each class, the content may be presented in a different order to ensure the greatest appropriateness and meaning. However, all content will be covered.